

## Planning for growth



The Relationship Enrichment Workshop for Singles is founded on the principle that we, and we alone, determine the direction of the development of our personal growth and interpersonal relations. Each of us has within us both the resources and the ability intentionally to direct our singleness toward positive growth, a transformational life style. Someone has said, 'Failing to plan is planning to fail!'

The Maces state it even more precisely, emphatically, insightfully:

*'Change is inevitable, but development in a positive direction is the result of careful planning and effort.'*

### **In this workshop you will learn**

- about the importance of planning
- how to plan for growth
- how to create smart goals
- to take responsibility for your future

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